



SOCCER CLINIC MENU JULY 2022

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
27	PASTA (MACARONI) BOLOGNESE CRUMBED HAKE IN GREEN SAUCE WITH SALAD FRUIT	28	SAUTÉED GREEN BEANS WITH BACON CRUMBED CHICKEN BREAST WITH BAKED POTATOES FRUIT	29	CREAM OF VEGETABLE SOUP WITH CROUTONS RICE WITH VEGETABLES, MUSHROOMS AND CHICKEN YOGHURT	30	STEWED LENTILS WITH VEGETABLES AND RICE BAKED COD FILLET WITH ROASTED PEPPERS FRUIT	01	WOK NOODLES WITH AUBERGINE, SCAMPI AND SOY FRIED PORK LOIN WITH PISTO ICE CREAM

Note:

Days with cream or purée will have the of "full" vegetables and every day will have the option of having fruit for dessert.
Days when the First course is hot will have the option of getting a glass of homemade gazpacho.