



SEMANA 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MID-MORNING SNACK	FRUIT	MILK AND BISCUITS	FRUIT	FRUIT	MILK AND BISCUITS
"MERIENDA"	WHOLE WHEAT HAM AND CHEESE SANDWICH	FRESH VEGETABLES WITH HUMMUS	YOGHOURT	MILK AND CAKE	FRUIT

SEMANA 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MID-MORNING SNACK	MILK AND BISCUITS	FRUIT	MILK AND CAKE	FRUIT	FRUIT
"MERIENDA"	FRUIT	YOGHOURT	FRESH VEGETABLES WITH HUMMUS	WHOLEMEAL BISCUITS AND MILK	WHOLEMEAL BREAD AND CHOCOLATE (BLACK 70%)